



Profile

With over 20 years experience as a senior level FTSE 100 executive across functional areas including Sales, Finance, IT, Procurement and HR, Mary has an established reputation for delivering marked improvement within organisations.

Working in global companies in the Oil & Gas, Pharmaceutical, Financial Services and Public Sector business environments has provided Mary with extensive experience in managing change at organisational and individual levels across varying cultures.



Since Mary's move into business and executive coaching she has a proven track record of enabling organisations to transform performance, using her coaching and organisational knowledge to support clients.

Coaching Approach

Mary's definitive coaching approach reveals the potential in people, teams and organisations. The approach begins with creating a foundation of respect between coach and client through transparency, empathy, understanding and support. With these foundations in place trust, integrity and the creation of a safe relationship become a reality.

Mary moves to create awareness of the issues and challenges within the client's world, supporting and analysing the scenarios at hand in order to see situations clearly and for what they are.

This sharing of issues and challenges in the work place and ways to address them are always balanced according to the temperament and the learning styles of each individual client.

Clearly identified objectives, learning goals and success measures are guaranteed to bring sustainable performance improvements through coaching sessions with individuals and teams.

In addition to Mary's business commitments, she has a keen interest in Young Enterprise and supporting the needs of our future business community.

Qualifications

Mary has a BA (Hons) in Business Studies and an MBA from Henley Management College.

She is a certified Executive Coach, accredited with the School of Coaching in London, the European Mentoring and Coaching Council (EMCC) and the University of Strathclyde.

Mary Murray

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